

Tina the Ballerina



Tuesdays 5:15-6:00 PM - \$35 monthly

Pre-Ballet/Tap (ages 3–5-year-old)

45 minutes

This class is for the littlest of dancers ready to move and interact with other children! The teacher uses creative expression to convey dance terms and command attention. The little ballet dancer will learn easy tumbling exercises, basic ballet steps and terms, fun tap rhythms and classroom etiquette. The combination class also helps children begin to learn in a structured environment while increasing social interactions. This class provides a great foundation for any young child entering the new school year!



Required Attire: **Girls:** leotard, tights, pink Bloch ballet shoes, black “Mary Jane” tap shoes, a dance bag, and hair pulled back. **Boys:** dance pants/shorts, comfortable shirt, black ballet shoes, tap shoes.

Tuesdays 6:00-7:00 PM - \$35 monthly

Combination I & II (Ballet/Tap) (ages 6-8 years old)

1 hour

Dancers are placed in classes according to age, maturity and technical level. Combination classes are appropriate for new students or as a natural progression through the curriculum. Body control and flexibility are established with Ballet movement and floor exercises. Tap skills and vocabulary are learned in the second half of this class using balance, rhythm, sound and basic tap patterns.

Tuesdays 7:00-8:00 PM - \$35 monthly

Adult Jazz/Tap

1 hour

A high energy class that uses basic to intermediate jazz and tap (sometimes hip-hop combos!) dance moves with emphasis on stretching, working on flexibility and overall strength and endurance.



Required Attire: Loose or fitted top, dance shorts/pants/leggings, tan jazz shoes and black tap shoes

Saturday 9:00-9:45 AM - \$35 monthly

Pre-Ballet/Tap (ages 3–5-year-old)

45 minutes

This class is for the littlest of dancers ready to move and interact with other children! The teacher uses creative expression to convey dance terms and command attention. The little ballet dancer will learn easy tumbling exercises, basic ballet steps and terms, fun tap rhythms and classroom etiquette. The combination class also helps children begin to learn in a structured environment while increasing social interactions. This class provides a great foundation for any young child entering the new school year!



Required Attire: **Girls:** leotard, tights, pink Bloch ballet shoes, black “Mary Jane” tap shoes, a dance bag, and hair pulled back. **Boys:** dance pants/shorts, comfortable shirt, black ballet shoes, tap shoes.

Tina the Ballerina

Saturday 10:00-11:00 AM - \$35 monthly

Classical Ballet (ages 9 and up)

1 hour

Ballet offers grace, flexibility and discipline to dancers of all ages and levels. Through our well-structured Ballet curriculum, students will learn proper Ballet technique, alignment and vocabulary. Students will gain flexibility, balance and body control with barre work, across the floor combinations, and center floor work. Advanced students will be considered for Pointe work after extensive evaluation of strength, ability and maturity by the teachers. Dancers on Pointe are required to be enrolled in at least one Ballet class per week to maintain and increase strength and technique.

 **Required Attire:** Girls: black leotard, pink tights, pink ballet slippers, and hair in a bun. Boys: black dance pants/shorts, white t-shirt, black ballet shoes.

Saturday 11:00-12:30 PM - \$45 monthly

Popstars-Jazz & Tap Hip Hop & Theater dance (ages 9 & up)

Jazz: 1 hour | Tap 30 minutes

A high energy class using the foundations of ballet for across the floor movement variations and center floor combinations. Multiple styles of jazz dance including hip hop, and theater dance are used in this FUN class. Students learn various tap styles using and mastering footwork, tap patterns, phrase and musicality. Basic to complex rhythmic combinations will be executed while doing across the floor variations and center floor combinations appropriate to their level. An emphasis is placed on flexibility and controlled movements while learning to understand stylistic movement and musicality. Strengthening and fitness are also stressed for increasing jump, leap and turn techniques. Students are encouraged to use their own personalities and attitudes to add their own style to the movement.

 **Required Attire:** Girls: leotard, tights, pink Bloch ballet shoes, black "Mary Jane" tap shoes, a dance bag, and hair pulled back. Boys: dance pants/shorts, comfortable shirt, black ballet shoes, tap shoes. **Acceptable Attire for Jazz section of class:** fitted top, dance shorts/pants/leggings, tan jazz shoes, and hair pulled back.

Meet Miss Cristina



Miss Christina is originally from Virginia, where she discovered her love of dance at a young age in a small studio in Northern Virginia. Christina has decades of dance training from multiple studios, such as The Richmond Ballet, Broadway Dance Center in New York City, and Hubbard Street Dance in Chicago. She earned her Bachelor of Fine Arts in Dance and Choreography from Virginia Commonwealth University. Her training is extensive in modern, ballet, jazz, tap, choreography, and she enjoys teaching all styles to all ages. As a Dance Instructor at Martinique School of Dance, a studio with roots to the Richmond Ballet, Ms. Hawkins guided and shaped students for 17 years with technique, performance, dance philosophy, and fun. Christina continued to teach as she earned her Master of Science in Rehabilitation Counseling from the Medical College of Virginia. In more recent years, before moving to Florida, Ms. Hawkins taught acrobatics, lyrical, ballet, tap, jazz, and modern dance at the Michigan Academy of Dance and Music and Studio3PAC in Ann Arbor, Michigan. Currently Christina teaches adult ballet and contemporary dance at District Dance Academy in Clearwater, Florida.

Miss Christina performed as a Byrdette at the Byrd Theater in Richmond, Virginia, at The Christmas Spectacular, a Rockette style performance. She was a member of the Ballet Petit company, which performed 'The Night Before Christmas' every year in Richmond, Virginia. In addition to dance instruction and performances, Christina conducted boot camps and other group fitness classes.

She is very passionate about adaptive dance for those with physical and mental challenges.