



HATHA YOGA

taught in Iyengar style

3-week course (5 sessions)

\$110.00

January 2021

Tuesdays: 1/5, 1/12, and 1/19

Thursdays: 1/7 and 1/14

7:00 - 8:30 pm

Register at The Centre or online at CSAPalmHarbor.org



Instructor:
Victoria Sedlack
727-534-7915
Private Lessons Available



Meet. Play. Connect.

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