

CSA PALM HARBOR ACTIVITY SCHEDULE

Fall 2019 (September - December)



9/8/2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Baseball & Softball			--- VARIES ---				Ages 5+   Palm Harbor Little League. INFO: PalmHarborLittleLeague.com
Flag Football (Youth)			--- VARIES ---				Ages 5-17   Season February - March 2019   \$100 per person for season
Flag Football (Adult)			--- VARIES ---				<b>NEW.</b> Ages 18+   Coming Jan 2020   Interest list forming now, no \$ down
Pickleball		10:00 AM 5:30 PM		5:30 PM		11:00 AM	Ages 15+   \$3 per session or \$25 for 10 sessions
Soccer			--- VARIES ---				Ages 3+   Tampa Bay United Rowdies Soccer Club. INFO: TBUSC.com
Softball (Co-Ed)			--- VARIES ---				Ages 18+   Registration 9/13/19; Season start 11/15/19   Call CSA to register
Tennis			--- VARIES ---				All ages   Rates & Registration: JohnnyAngelTennis.com
Track (North City Track)			--- VARIES ---				Ages 5-15   Season January - May 2020   \$80 per person for season
Ballroom Dancing (Junior/Youth)	5:45 PM						<b>NEW.</b> Ages 10-17   \$10 per class or monthly \$35/1x week
Ballroom Dancing (Adult)	6:45 PM						Ages 18+   \$10 per class or monthly \$35/1x week
Dance (Ballet, Jazz, Tap & HipHop)		5:30 PM		5:00 PM			Ages 3+   Prices vary per class/month/picks   See Dance on page 9
Gymnastics			--- VARIES ---				Ages 3+   Rates & Registration: www.eurostargymnastics.net
Line Dancing						9:00 AM	All ages   \$10 per class
Swing & Two Step Dancing		6:00 PM 7:00 PM		6:00 PM 6:30 PM			<b>NEW.</b> Ages 18+   \$10 per class or \$90 for 10 classes. See Fitness on page 8 all available classes - East Coast Swing, West Coast Swing & Two Step
Tap Dance (Adult)		10:00 AM					Ages 18+   \$7 per class or \$25 monthly
Cardio Drumming	5:30 PM 7:00 PM		5:30 PM 7:00 PM			11:00 AM	Ages 12+   \$7 per session   Select Saturdays, call CSA for dates Register at: MindBody.io (Search New Wave Nutrition or Cardio Drumming, Palm Harbor)
Tae Kwon Do	6:00 PM		6:00 PM				Ages 4 - 11   \$65 monthly
Tae Kwon Do	6:45 PM		6:45 PM				Ages 12+   \$65 monthly
Tai Chi				10:00 AM			Ages 18+   \$7 per class or \$25 monthly
Yoga (Gentle Amrit & Meditation)	11:00 AM						<b>NEW.</b> Ages 18+. \$7 per class or \$25 for 4 classes.
Blood Pressure Check				11:00 AM			All ages   Free by Palm Harbor Fire Rescue. 1st Thursday only
Hearing/Ear Wax Check & Cleaning	--- DAY & TIME TO BE ANNOUNCED ---						Call CSA at 727.771.6000 for more information.
Bingo & Lunch				11:45 AM			All ages   \$1 donation for Bingo Card. Lunch prices vary
Duplicate Bridge			12:00 PM		12:00 PM		Ages 50+   \$2 per session   Room opens 15 minutes prior to game start
Euchre					12:00 PM		Ages 50+   \$2 per session   Room opens 15 minutes prior to game start
Hand & Foot	11:00 AM						Ages 50+   \$2 per session   Room opens 15 minutes prior to game start
Mah Jongg		12:30 PM					Ages 50+   \$2 per session   Room opens 15 minutes prior to game start
Mexican Train Dominos			1:00 PM				Ages 50+   \$1 per session   Room opens 15 minutes prior to game start
Pinochle		10:00 AM			10:00 AM		Ages 50+   \$2 per session. Every Tuesday; 2nd, 4th & 5th Friday   Room opens 15 minutes prior to game start
Samba						10:30 AM	<b>NEW.</b> Ages 50+   \$1 per session   Room opens 15 minutes prior to game start
Girl Scouts		--- VARIES ---					More information or to join: gswcf.org
Dementia Caregivers Support	9:30 AM						INFO: Kayt Kennedy @ 727.735.3570
Mental Health Support (NAMI)		--- VARIES ---					Helpline: 727.791.3434. Peer Support Helpline: 727.600.5838
Barbershop Singers, Crystal-Aires	6:45 PM						All ages   INFO: Jim Eustice, 727.255.3777
Dinner ~ Dance <b>NEW ENTERTAINMENT LINEUP!</b>					5:30 PM		All ages   \$12 per ticket (incl. dinner & entertainment). BYOB. 3rd Friday only
Ice Cream Social					2:30 PM		All ages   Last Friday of the month
Quilters Crossing Guild			9:00 AM				Harbor Hall   \$41 per year   INFO: QuiltersCrossingGuild@gmail.com
Woodcarving & Wood Burning			9:00 AM				All ages   \$9 per class
Homeschool of Pinellas (HOP)		--- VARIES ---					<b>NEW.</b> Info/Registration: hopfamilies.com, kimpolce@verizon.net or 727.560.3545
Music with Mar		10:00 AM	10:00 AM				Ages 8 mos - 5 years, with parent   \$12 per class or \$50 for 5 classes
Zumbini		--- VARIES ---					Ages 0 - 4 years, with parent   Rates & registration: zumbini.com
AARP Safe Driving Course		--- VARIES ---					Ages 50+   For schedule or info: call CSA 727.771.6000   2nd Monday only
Digital Photography Club					1:00 PM		Ages 18+   Free   INFO: 727.785.2984. 2nd Friday only
Osher Lifelong Learning Institute		--- VARIES ---					Dates vary. For schedule or info: 727.864.7600 or www.Eckerd.edu/OLLI
Toastmasters (Public Speaking)				7:00 PM			Palm Harbor Toastmasters. INFO: www.PHToastmasters.com

FOR MORE INFORMATION, EVENTS OR TO REGISTER, VISIT US ONLINE AT

[www.CSAPalmHarbor.org](http://www.CSAPalmHarbor.org)