



## **DEMENTIA CAREGIVERS SUPPORT**

The Centre | Monday, 9:30 - 11:00 AM | All Ages | For more info: Betsy, 727.581.0270

A safe place for caregivers, family & friends of persons with dementia to meet and develop a mutual support system.

## MENTAL HEALTH FAMILY SUPPORT GROUP (NAMI)

The Centre | Monday, 6:00 - 8:00 PM | All Ages

Focusing on support, education and advocacy for those with mental illness issues in a proactive manner, this weekly group provides helpful feedback and support for family and loved ones.

## **AARP SAFE DRIVING COURSE**

The Centre | 2nd Monday monthly | Ages 50+ | Call CSA at 727.771.6000 for more info & registration Sharpen your skills and continue to drive safely with this in-demand course.

# F.E.A.S.T. [Food Emergency and Services Team]

We're an authorized food pantry drop-off location Make your donation of groceries and personal care items at The Centre.

#### **GOVERNMENT COMMODITY FOODS**

We're a distribution point for the USDA's Government Commodity Food services. To register, please stop in The Centre today!

## PHONE-A-FRIEND PROGRAM

Know someone who's homebound & could use a person to talk to? Volunteers help by calling weekly. Contact CSA at 727.771.6000 with their contact info.

#### PHONES FOR HEARING IMPAIRED

The Centre | Bi-monthly, by appointment | All Ages | Free

It's time to hear what you've been missing. Call Deaf & Hard of Hearing Services, 727.853.1010.

## **SENIOR HELPLINE - 24/7**

Coordinated by the Area Agency on Aging, this referral service connects you to local support services. Call 727.217.8111or online at AgingCareFL.com

## **EYEGLASSES RECYCLE [Lions Club]**

Donate your old glasses so that others can see! See the Lions Club collection box at The Centre.

These services are offered by CSA Palm Harbor's community partner(s). Questions? Please contact the provider. Neither CSA Palm Harbor nor any other PHCSA-related business has any direct affiliation with these organizations. Thank you.