

HEALTH SCREENING

BLOOD PRESSURE CHECK

The Centre | 3rd Thursday, every month 11:00 AM | Free

Get your complementary blood pressure check courtesy of Palm Harbor Fire Rescue.

EAR WAX CHECK & CLEANING

The Centre | 3rd Thursday, every month 9:00 - 10:30 AM | Free

This complementary service courtesy of St. John's Hearing Institute uses a video otoscope to determine if wax is contributing to hearing loss.

Contact: Robert E. Smith, HAS | 727.791.4090.



HOBBIES

BARBERSHOP SINGERS, CRYSTAL-AIRES

The Centre | Monday 6:45 - 9:00 PM | Everyone Welcome | For more info: CrystalAires.com or Jim Eustice, 727.255.3777

A male a cappella four part harmony chorus that sings a blend of old and new songs in a Barbershop-style. Come join us for a fun learning and singing experience. Guests welcome!

SONS OF ITALY

The Centre | 4th Monday, monthly 6:00 - 8:30 PM | For more info: SonsofItalyegc.org

A fraternal organization of men and women of Italian descent dedicated to social and philanthropic efforts. This active group welcomes all who are interested in the Italian culture as well as reaching out to the community.

MUSIC WITH MAR

The Centre | Tuesday and Wednesday 10:00 - 10:45 AM, | Ages 8 months - 5 years (with parent) | \$12 per class or \$50 for 5 classes

An interactive music and movement class for you and your child to share! All songs are brain based and aid in major areas of development, like social, cognitive, motor and language skills.

DIGITAL PHOTOGRAPHY

The Centre | Ages 18+ | 2nd Friday monthly 1:00 - 3:00 PM | For info: 727.785.2984

This group of photography enthusiasts can work with you to help bring your photos to life! Look for their creative and inspired work throughout The Centre.

QUILTERS CROSSING

Harbor Hall | All Ages | Wednesday, 9:00 - 12 Noon | \$41 per year [payable to the club, Quilters Crossing]

For more information: Barb Sweet, Membership President | BJSweet01@gmail.com

Learn how to quilt or expand your existing quilting skills when you join other quilters who enjoy making memories with a needle!

WOODCARVING & WOOD BURNING

The Centre | Ages 50+ | Wednesday, 9:00 to 12 noon | \$9 per class

Whether you're a beginner looking to learn the ropes or an advanced craftsman fine-tuning your skills, come join the fun and learn a new and exciting craft.

Volunteer

We're always looking for community-minded volunteers to assist in all aspects of what we do here at CSA. We welcome student volunteers too!

Volunteer@CSAPalmHarbor.org
or **727.771.6000**

