



**CSA PALM HARBOR ACTIVITY SCHEDULE**

**Spring 2017** (January - April)

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
A T H L E T I C S	<b>Baseball</b>		--- V A R I E S ---				Palm Harbor Little League. INFO: www.PHLL.net
	<b>Football (Youth)</b>		--- V A R I E S ---				Palm Harbor Panthers. INFO: www.PHPanthers.org
	<b>Pickleball</b>		5:30 PM				Ages 18+   \$3 per session
	<b>Soccer</b>		--- V A R I E S ---				West Florida Flames. INFO: www.fcFlames.com
	<b>Soccer (Liverpool)</b>		--- V A R I E S ---				Rates & Registration information at randy.irick@liverpoolFCamerica.com
	<b>Softball (Co-Ed)</b>		--- V A R I E S ---				Ages 18+   Registration opens 1/6/17
	<b>Tennis</b>		--- V A R I E S ---				Rates & Registration information at www.JohnnyAngelTennis.com
S P O R T	<b>Track (North City Track)</b>		--- V A R I E S ---				Ages 5 - 15   Season January - May. \$80/person for season.
	<b>Dance (Ballet, Jazz, HipHop &amp; more)</b>		5:30 PM		5:00 PM		Ages 3+   Prices Vary per class/month/picks. See Dance on page 4.
	<b>Gymnastics</b>		--- V A R I E S ---				Rates & Registration information at www.eurostargymnastics.com
D A N C E	<b>Irish Dance</b>			6:15 PM			Ages 5 - 12   \$60 monthly
	<b>Line Dancing</b>			10:00 AM			Ages 18+   \$5 per class
	<b>Tap Dance (Adult)</b>		10:00 AM				Ages 18+   \$7 per class or \$25 monthly
	<b>Aikido (Adult)</b>	7:00 PM		7:00 PM			Ages 18+   \$10 per class or \$45 monthly
M A R T I A L	<b>Aikido (Youth)</b>	5:45 PM		5:45 PM			Ages 9+   \$7 per class or \$35 monthly
	<b>Tae Kwon Do</b>	6:00 PM		6:00 PM			Ages 4 - 11   \$60 monthly
	<b>Tae Kwon Do</b>	7:00 PM		7:00 PM			Ages 12+   \$60 monthly
	<b>Tai Chi</b>				10:00 AM		Ages 18+   \$7 per class or \$25 monthly
	<b>Blood Pressure Check</b>				11:00 AM		All ages   Free by Palm Harbor Fire Rescue. 3rd Thursday only.
F I T N E S S	<b>Ear Wax Check &amp; Cleaning</b>				9:00 AM		Info: Robert E. Smith @ 727.791.4090. 3rd Thursday only.
	<b>Eye/Vision Screening</b>				10:00 AM		All ages   Free imaging & testing. 4th Thursday only.
	<b>Stretch (Essentrics)</b>				11:30 AM		For balance & mobility. Ages 18+   \$5 per class. First class free.
	<b>Zumba (Strong by Zumba)</b>				6:30 PM		Ages 14+   \$7 per class



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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
C A R D S - G A M E S	<b>Bingo &amp; Lunch</b>				11:30 AM		All ages   \$1 donation for Bingo Card. Lunch prices vary.	
	<b>Bridge (Ladies)</b>					11:00 AM	Ages 50+   \$2 per session. 4th Friday of the month.	
	<b>Duplicate Bridge</b>			12:00 PM		12:00 PM	Ages 50+   \$2 per session	
	<b>Euchre</b>					12:00 PM	NEW. Ages 50+   \$2 per session	
	<b>Hand &amp; Foot</b>	11:00 AM					NEW. Ages 50+   \$2 per session	
	<b>Mah Jongg</b>		12:30 PM				Ages 50+   \$2 per session	
	<b>Pinochle</b>		10:00 AM			10:00 AM	Ages 50+   2 per session. Every Tuesday; 2nd, 4th & 5th Friday.	
C L U B S	<b>Digital Photography Club</b>					1:00 PM	Ages 18+   Free   Info: 727.785.2984. 2nd Friday only.	
	<b>Garden Club</b>	9:30 AM					All Ages   Free. 2nd Monday only.	
	<b>Girl Scouts</b>		--- V A R I E S ---				More information or to join, <a href="http://www.gswcf.org">www.gswcf.org</a>	
	<b>Youth Service Council</b>		--- V A R I E S ---				Ages <18. Local youth volunteers making a difference.	
S O C I A L	<b>Dementia Caregivers Support</b>	9:30 AM					Info: Betsey @ 727.581.0270	
	<b>Mental Health Support (NAMI)</b>	6:00 PM					NEW. Helpline: 727.791.3434. Peer Support Helpline: 727.600.5838	
	<b>Barbershop Singers, Crystal-Aires</b>	6:45 PM					All ages   Info: Jim Eustice @ 727.255.3777	
	<b>Dinner ~ Dance</b>					5:00 PM	All ages   \$10 per ticket (incl. dinner & entertainment). BYOB. 3rd Friday only.	
	<b>Ice Cream Social</b>					2:30 PM	All ages   Last Friday of the month.	
	<b>Sons of Italy</b>	6:00 PM					Everyone welcome   4th Monday of month only.	
	H O B B Y - A R T S	<b>Ceramics (Adult)</b>			10:00 AM			NEW. Ages 18+   \$15 per class. Two hour session.
		<b>Ceramics (Youth)</b>			5:00 PM			NEW. Ages 7 - 18   \$15 per class. Two hour session.
		<b>Painting (Adult)</b>	10:00 AM					NEW. For Seniors. 2 hour class. \$20 per class.
		<b>Quilters Crossing</b>			9:00 AM			Harbor Hall   \$41 per year   Info: <a href="mailto:cathyj123@tampabay.rr.com">cathyj123@tampabay.rr.com</a>
<b>Sewing (Sip &amp; Stitch)</b>			6:00 PM				NEW. All ages   \$2 per session. 1st & 3rd Tuesday.	
<b>Woodcarving &amp; Wood Burning</b>				9:00 AM			Ages 50+   \$9 per session	
L I F E L O N G	<b>Computer Programming for Kids</b>		--- V A R I E S ---				Ages 8 - 13   \$60 monthly. See magazine for available classes.	
	<b>Music with Mar</b>		10:00 AM	10:00 AM			NEW. Ages 8 mos - 5 years, with parent   \$12 per class or \$50 for 5 classes	
	<b>Osher Lifelong Learning Institute</b>		--- V A R I E S ---				Dates vary. See listing for details & exact dates.	
	<b>Toastmasters (Public Speaking)</b>				7:00 PM		Palm Harbor Toastmasters. Info: <a href="http://www.PHToastmasters.com">www.PHToastmasters.com</a>	